FOX POOL SCHEDULE

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL & WINTER 2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00AM	WATER WALKING 7-9AM ADULTS ONLY	CLOSED	WATER WALKING 7-9AM ADULTS ONLY	CLOSED	WATER WALKING 7-9AM ADULTS ONLY	CLOSED	CLOSED
7:30							
8:00							
8:30							
9:00	MORNING SPLASH 9-10AM		MORNING SPLASH 9-10AM	HOME SCHOOL 9:30-10:30	MORNING SPLASH 9-10AM	GROUP SWIM LESSONS 9AM-12PM	
9:30							
10:00	WATER WALKING & OPEN SWIM 10-12	YMCA PRESCHOOL 10-11AM	WATER WALKING 10-12 ADULTS ONLY	SOCIL 10:30-11:30	WATER WALKING & OPEN SWIM 10-12		
10:30							
11:00		HOME SCHOOL					
11:30							
12:00	AQUA MOVES 12-1PM	CLOSED	AQUA MOVES 12-1PM	CLOSED	AQUA MOVES 12-1PM	OPEN SWIM 12-2PM	
12:30							
1:00	CLOSED		CLOSED		CLOSED		OPEN SWIM 1-3PM
1:30	ISR 1:30-3:30PM					POOL PARTY 2-3:45PM RESERVATION ONLY	
2:00							
2:15							
2:30							
3:00							
3:30		CLOSED 3:30-6:00PM		L.U.H.S PRACTICE 3:30-5PM	B.C. PRACTICE 3:30-5PM	CLOSED	POOL PARTY 3-4:45PM RESERVATION ONLY
3:45	L.S.O. PRACTICE 3:45-4:30PM						
4:00							
4:30							
5:00	LYST PRACTICE 5:00-6:00PM				F.C.S.O PRACTICE 5-6PM		CLOSED
5:30							
6:00	CLOSED	GROUP SWIM LESSONS 6-8PM	OPEN SWIM 6-8PM	GROUP SWIM LESSONS 6-8PM	OPEN SWIM 6-8PM		
6:30							
7:00							
7:30							
8:00PM							