



SUMMER 2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30AM	LAP SWIM 5:30AM-9:00AM					CLOSED	C L O S E D	
6:00								
6:30								
7:00								
7:30								
8:00								
8:30	CLOSED FROM 9:00AM-10:00-AM					L A P S W I M 7:00AM-1:00PM		
9:00								
9:30								
10:00	AQUA FIT 10-11AM 5 LANES OPEN		AQUA FIT 10-11AM 5 LANES OPEN		AQUA FIT 10-11AM 5 LANES OPEN			
10:30								
11:00	LAP SWIM 10:00AM-1:00PM							
11:30								
12:00								
12:30								
1:00	CLOSED 1:00PM-3:30PM					C L O S E D	LAP SWIM 1:00PM-3:00PM	
1:30								
2:00								
2:30								
3:00	LAP SWIM 3:30PM-5:00PM							
3:30								
4:00								
4:30								
5:00	LYST PRACTICE 5:00PM-6:30PM						C L O S E D	C L O S E D
5:30								
6:00	LYST PRACTICE CONT. 3 LANES OPEN TO PULIC							
6:30								
7:00	LAP SWIM TILL 8:00PM							
7:30								
8:00PM								