

JUNE 2026

FAMILY YMCA OF LANCASTER
& FAIRFIELD COUNTY



NEWSLETTER



SPRING RECAP!

What an incredible spring we have had together! The energy here at the YMCA of Lancaster and Fairfield County has been absolutely contagious lately. From lacing up for the 5K Run/Walk and celebrating Healthy Kids Day, to recognizing our community members and team at the Evening of Impact, seeing our community show up and support one another has been the highlight of my season. This special edition newsletter is all about looking back at those unforgettable moments we shared over the last few months. I hope you love reading it as much as we loved living it!

THANK
YOU TO:



BUT FIRST – SOME RECOGNITIONS!

MEMBER OF THE MONTH

JUNE 2026

A lifelong educator and dedicated Y member since the 1970s, Jean is a real inspiration to our community! After a vibrant career teaching at Bishop Fenwick Catholic High School and OUL, she continues to nurture her mind, body, and spirit through our Silver Sneakers classes like EnerChi and Chair Yoga. Beyond her time at the Y, Jean gives back generously as a Hospice volunteer and a very active member of St. Bernadette church. Thank you, Jean, for showing us all what a joyful and healthy lifestyle looks like!



Dr. Jean L. Bryant



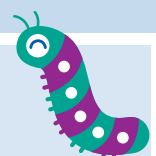
TRACIE SHARP

EMPLOYEE OF THE MONTH

Tracie Sharp has kept our Y safe and running smoothly for 18 years now, and our facilities wouldn't be the same without her! As our Custodial and Safety Director, she takes her job very seriously. Whether she is wiping down equipment to keep germs away or checking on our fire protocols, Tracie is always on it. But the best part about working with Tracie is her sense of humor. She keeps the team laughing and makes the building a better place to be every single day. Thanks for 18 years of hard work and good laughs, Tracie!

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THANK YOU TO:



JUNE 2026

ANNUAL GIVING
5K **RUN & WALK '26**

RECAP! 



Find our full album on our facebook page!



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OUR FACILITY**



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WILL CHANGE
LIVES.**



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SUMMER 1 SESSION AT THE Y



Summer is officially here, and we could not be more ready for it! **Our Summer 1 Session is kicking off this week and runs from May 31 through July 11.** It's not too late to register for a class! Reach out today or visit our program guide online at ymcalancaster.org!

With the sun shining and longer days ahead, this is the perfect window to build healthy habits as a family. Whether you are hitting the trails or joining us at the YMCA, keeping your family active is a top priority for us at the Y.

Here are a few ways to make the most of the season:

- **Take it outside.** Enjoy the beautiful weather by moving your routine outdoors. A family walk or a quick game of tag counts as great exercise!
- **Stay hydrated.** We need everyone to drink plenty of water as the temperatures rise. Keep a reusable water bottle handy all day long.
- Try something new. With our summer session officially underway, we have a program for everyone to explore.
- **Protect your skin.** Make sure to apply sunscreen before you head out, especially during those peak afternoon hours.

We want everyone in Lancaster and Fairfield County to have a great and healthy summer. See you around the Y!



2026 EVENING OF
IMPACT



RECAP!



Find our full album on our facebook page!

HEALTHY KIDS DAY



RECAP!





4TH ANNUAL
GOLF
TOURNAMENT
TEE UP FOR A CAUSE

PRESENTED BY:
Your trusted comfort advisor
ACCURATE
Heating • Cooling • Plumbing

Edward Jones



Mothers Day Tea 2026

RECAP! 



Find our full album on our facebook page!

MONTHLY MESSAGE



June Updates at the Y!

Summer is officially here! Our Summer 1 session is underway from May 31 to July 11, and registration is still open if you want to kickstart an energetic new routine.

A huge congratulations to our Lancaster High School graduates! It was beautiful seeing so many Y families at the ceremony, and we wish our seniors the absolute best as they start their next chapter. Let's Go LHS!

We have some amazing team updates this month:

- **Gymnastics:** Good luck to the 39 athletes heading to Nationals in Knoxville from June 18 to June 21! You are going to represent Lancaster like true champs.
- **Cheer:** Delta kicks off their milestone 20th season on June 2. What an incredible legacy of building teamwork and confidence!
- **Swim:** LYST is crushing their team conditioning as they prep for the Regional Championships in July. Keep up the hard work!

Finally, as things heat up, please remember your water safety basics. Always swim with adult supervision, buddy up, and follow the pool rules!

Thank you for being such an incredible part of our Lancaster and Fairfield County YMCA family. There is no place like this place!

Newsletter brought to you by our friends:

