

# MAY 2026

FAMILY YMCA OF LANCASTER  
& FAIRFIELD COUNTY



# NEWSLETTER

## 2026 EVENING OF IMPACT

MAY 14 | 6 PM | RKF



Join us for an evening at our Annual Evening of Impact, where we come together to celebrate the heart of our YMCA — our community.

We'll honor outstanding members and partners who embody the Y's core values of caring, honesty, respect, and responsibility, and share updates on the impact and future of the Family YMCA of Lancaster & Fairfield County.

Enjoy light refreshments and uplifting connection in the Fulton Gym at the Robert K. Fox YMCA. All are welcome — we can't wait to celebrate with you!

NEWSLETTER BROUGHT  
TO YOU BY:



Park  
NATIONAL BANK

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[ymcalancaster.org](http://ymcalancaster.org)

## EMPLOYEE OF THE MONTH

Brad is the kind of person who keeps everything running smoothly, often before we even realize something needs fixing. As our Maintenance Coordinator, he is the true heartbeat of the building, pouring his hard work into every corner of the Y so our members and staff always have a safe and welcoming space. Whether he is tackling a sudden repair, managing the everyday upkeep, or just lending a helping hand, Brad does it all with quiet dedication. We appreciate him so much and truly could not do what we do without his constant care for our facility. We are incredibly lucky to have him on our team.



**Brad Groves**

## MEMBER OF THE MONTH



**Edward Wharton**

We are thrilled to announce Edward Wharton as our Member of the Month! Edward is the definition of a true Y guy, bringing such fantastic energy to our community and making everyone feel right at home. Not only is he an incredible member in his own right, but he also goes out of his way to share his love for our facility by bringing his friends into the fold to join our family. We appreciate everything he does for us and are so lucky to have him!



# HEALTHY KIDS DAY®



## Join Us for Healthy Kids Day – May 9th!

**YOU'RE INVITED** to Healthy Kids Day on May 9th at the Robert K. Fox Family YMCA!

This fun-filled event will feature interactive activities, fitness challenges, and valuable health information for kids and families. It's a day to inspire healthy living and create lasting memories!

**When:** Healthy Kids Day will be from 10:00 AM – 1:00 PM

**Where:** 465 W. Sixth Ave, Lancaster, OH

**Who:** All ages are welcome!

**PRESENTED BY:**

Jake Breakey



**OUR VERY OWN YMCA DELTA FORCE CHEER TEAMS ARE IN FLORIDA COMPETING IN NATIONAL FINALS THIS MONTH!**

**Wish them luck - we're so proud of them!**



American Red Cross

# CELEBRATE MORE

# Life

## WE'RE HOSTING A BLOOD DRIVE!

**When:** May 28<sup>th</sup>, 2026

**Where:** Robert K. Fox YMCA

**Time:** 11:30am - 5:30pm

Find Our Drive  
& Sign Up Today!



Stream your favorite  
programs, classes  
and instructors.  
Anywhere. Anytime:



MAY 2026

ymcalancaster.org



Join us for the Family Y's Annual 5K Run/Walk on Saturday, May 9 at 9 AM at the Lancaster YMCA. Whether you're racing to win or walking to support, this family-friendly event brings our community together for fun and fitness! Proceeds support youth programs and healthy living initiatives.

**Register today at [ymcalancaster.org/annual-5k](https://ymcalancaster.org/annual-5k)**



**PRESENTED BY:**



**Edward Jones**

## Tee Up for a Cause!

Join us for the 4th Annual YMCA Golf Outing, **Presented by Accurate Heating, Cooling & Plumbing & Edward Jones** on May 29, 2026, at The View Golf Club!

Grab your team for a Shotgun Scramble, with prizes, raffles, lunch, and more.

\$500 per team  
(includes green fees, carts, and drink tickets!)

**Date: May 29 | 9 AM**  
**The View Golf Club**

**SIGN UP TODAY!**



# A Beautiful Easter Morning TOGETHER.



## And what a stunning morning it was!

We want to send a huge, heartfelt thank you to everyone who joined us for the 97th Annual Sunrise Service on top of Mt. Pleasant. Welcoming the Easter sunrise alongside our wonderful community in fellowship and praise is truly one of the most special moments of our year.

We also want to share a big thank you to Ethan Hautala for delivering such an uplifting message to start our day right, beautifully followed by a group prayer. It is an absolute privilege to host this cherished tradition year after year. Thank you for making this Easter morning so memorable!





**THE**  
Find Your  
*Best Friend*  
**PLACE**  
*No Place Like This Place™*

# ONE EPIC SUMMER 2026 AT THE YMCA

June 1st – August 28th, 2026



LEARN MORE!

## Summer Part 1: Summer Day Camp! (June 1 – Aug 7)

Join us for themed weeks, field trips, and daily adventures!

- **Preschool Summer (Ages 3-5):** Water activities, crafts, and weekly themes curated by experienced teachers.
- **School Age Camp (Ages 6-11):** Daily swim, STEM, team building, and sports in a safe environment.
- **Junior Leaders (Ages 11-14):** Build leadership, communication, and problem-solving skills while serving as a role model.

## Summer Part 2: Y Summer Bridge Program (Aug 10 – Aug 28)

Finish the summer strong and bridge the gap before school starts!

This program is specifically designed for school-agers (Ages 6-14) to enjoy outdoor exploration and active play during the "in-between" weeks.

Note: This specific program focuses on active play and science experiments; it does not include swimming or field trips.

## Ready to Sign Up?

p. 740-654-0616 ext. 243

e. [msmith@ymcalancaster.org](mailto:msmith@ymcalancaster.org)

w. [ymcalancaster.org](http://ymcalancaster.org)

TITLE 20 PROUDLY  
ACCEPTED!

BEFORE AND AFTER CARE  
OPTIONS AVAILABLE



# THE Brave First Steps PLACE

No Place Like *This Place*™

## YMCA CREATIVE PLAY PRESCHOOL

### SCAN ME!



### LEARN MORE!

### PROGRAM INCLUDES:

- **Experiential Learning:** Hands-on activities and creative play to boost development.
- **Gold Standard Care:** State of Ohio Step Up to Quality GOLD rated program.
- **Professional Staff:** Qualified teachers in a safe and supportive environment.
- **Swim Lessons Included:** All students receive swim lessons at no extra cost!
- **Flexible Scheduling:** Full-day, part-day, and extended care options available.

### QUICK PROGRAM FACTS:

- **Ages:** 3 to 5 years (must be potty-trained).
- **Hours:** 7:00 am – 5:30 pm, Monday through Friday.
- **Curriculum:** Nationally recognized standards focused on kindergarten readiness.



Schedule	Member	Non-Member
Part-Time (9-11:30a)	\$55/week	\$70/week
School Day (9a-3p)	\$114/week	\$134/week
Extended (7a-5:30p)	\$155/week	\$193/week



### SWIM LESSONS INCLUDED!

Beyond the classroom, we're building life skills. Free swim lessons are included to ensure every child feels safe, capable, and water-wise.

8

proudly accept Title XX



Family YMCA of Lancaster & Fairfield County  
465 W. Sixth Ave. Lancaster, OH 43130  
P. 740-654-0616 W. ymcalancaster.org

# MONTHLY MESSAGE



Happy May! We are so excited for sunshine, the end of the school year, and a busy month at the Y!

We are kicking things off with a bang on May 2nd as we host our Spring Invitational gymnastics meet at the YMCA RecPlex to help our lower level and boys teams prep for Nationals. Let's go Lancaster! That same weekend on May 2nd and 3rd, our Delta Force cheer team is heading to the finals in Florida! Wish them luck!

This Saturday, May 9th, we will be hosting our Annual 5K Run/Walk and Healthy Kids Day. Then, we will gather on May 14th for our Annual Evening of Impact to celebrate the amazing people who make a positive difference for the YMCA.. and don't forget our Annual Golf Outing on May 29<sup>th</sup>!

Summer 1 registrations open on May 11th for members and the 18th for nonmembers. For those looking ahead to the next cheer season, Delta Force Season 20 evaluations begin May 19th.

Summer officially kicks off for our students on May 22nd, which also marks a final goodbye to the Lancaster High School building. Finally, we will wrap up this incredible month with our Annual Golf Tournament on the 29th.

Thank you for making the YMCA such a special place. Let's spread kindness and smiles every single day this month!

And remember.. There's No Place Like This Place!

- Lydia Fratta, Y Membership Coordinator



# CELEBRATE MORE

# Life

## **Blood Drive Sponsored By Robert K Fox Family YMCA**

Gym  
465 W 6th Ave  
Lancaster, OH 43130

**Thursday, May 28, 2026  
11:30 a.m. to 5:30 p.m.**

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter: LancasterYMCA to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health history questions on the day of your appointment.



Get summer ready! Come to give blood May 18-31 for an exclusive Red Cross beach towel, ltd. qty!

### **Give Blood.**

1-800-RED CROSS | [RedCrossBlood.org](http://RedCrossBlood.org) | Download the Blood Donor App

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1-800-RED-CROSS (1-800-733-2767) | 48714-2025-APL-000 - A/C 0 - 28158



# 2026 ANNUAL EVENING OF IMPACT

Join us for an evening at our **Annual Evening of Impact**, where we come together to celebrate the heart of our YMCA — our community. We'll honor outstanding members and partners who embody the Y's core values of caring, honesty, respect, and responsibility, and share updates on the impact and future of the YMCA of Lancaster & Fairfield County.

Enjoy light refreshments and uplifting connection in the Fulton Gym at the Robert K. Fox YMCA. All are welcome — we can't wait to celebrate with you!

**THURSDAY**

**6:00PM -7:00pm**

**FREE EVENT!**

**5.14.2026**

**Fulton Gym**

**Robert K. Fox Family YMCA**

**465 West 6<sup>th</sup> Avenue, Lancaster, OH 43130**



**FAMILY YMCA  
OF LANCASTER  
& FAIRFIELD COUNTY**

**5K**

ANNUAL GIVING

**RUN & WALK '26**



PRESENTED BY: **ACCURATE**   
*Your trusted comfort advisor*  
Heating • Cooling • Plumbing

Join us for our annual 5K run/walk supporting our Annual Giving Campaign on May 9th at 9am! Kid's Run to begin at approx. 10:15am.

Race begins and ends at the Robert K. Fox YMCA, located at:

465 W. 6th Ave, Lancaster Ohio 43130



**SATURDAY**

▶ **MAY 9, 2026**

**9:00AM**



**ymcalancaster.org**



**ROBERT K. FOX YMCA  
465 W. 6TH AVE  
LANCASTER OHIO**



**740-654-0616**



4TH ANNUAL

GOLF

TOURNAMENT

TEE UP FOR A CAUSE

PRESENTED BY:

Your trusted comfort advisor

**ACCURATE**  
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Edward Jones®

May 29, 2026

**\$1,000**  
GRAND PRIZE!

2nd Place: \$375  
3rd Place: \$260

**May 29, 2026**

**The View Golf Club**

Where: 1151 George Rd NE, Lancaster, OH 43130

When: 9:00 AM (Registration at 8:00 AM)

**REGISTER NOW!**



### Why Golf with the YMCA?

**At the Y, every game has a greater purpose.**

Your registration fees allow us to offer vital youth programs and wellness initiatives to our community. We invite you to play for the \$1,000 winning prize, knowing that your support makes a lasting positive impact for local families.



**PLUS! Don't miss the chance to Pay to Play with our Golf Pro out on the course!  
You could walk away with a free trip of a lifetime to Pebble Beach!**

**FOURSOME**

**\$500**

Put a team together and tee up for a cause with the YMCA!

Includes green fees, cart, lunch and two drink tickets!

**HOLE SPONSOR**

**\$250**

Show your support and sponsor a hole! We'll place a sign for you on the course.

**CORPORATE SPONSOR**

**\$750**

Sponsor a hole and a foursome! Put a team together and get a sign on the course.

 [ymcalancaster.org](http://ymcalancaster.org)

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