

DECEMBER 2025

FAMILY YMCA OF LANCASTER
& FAIRFIELD COUNTY



NEWSLETTER

2025
GIFT
OF TIME

31ST ANNUAL

Dec.

6th

10 AM - 12 PM

Come and enjoy **FREE** photos with Santa, engaging activities, crafts for the whole family, and much more..

📍 **Lancaster High School**
1312 Granville Pike
Lancaster Ohio 43130



Formerly hosted by the Fairfield County Early Childhood Association (FCECA), The Family YMCA of Lancaster & Fairfield County is proud to take the torch and continue this important local holiday tradition into 2025 and beyond!

For more information: Yael Echeverria
yecheverria@ymcalancaster.org

ymcalancaster.org

EMPLOYEE OF THE MONTH

We are pleased to recognize Lydia Godenschwager as our Employee of the Month. Lydia consistently demonstrates reliability and a strong work ethic in her daily tasks. Her ability to handle challenges with a calm and focused demeanor has made a positive impact on the team this past month. We appreciate her continued commitment to our goals and the support she provides to our Y team!



Lydia Godenschwager

MEMBER(S) OF THE MONTH



Lexie & Laurel

Lexie Lape and Laurel Heetland are this month's featured members for their outstanding contributions to our gymnastics program. Both seniors on the team, they go above and beyond to mentor younger athletes. Whether coaching classes or teaching private lessons, they consistently lead by example. We are proud to have such dedicated role models representing the Lancaster YMCA.

RIVER VALLEY CAMPUS UPDATE



To support our growing partnership with Fairfield Medical Center—and the additional therapists and patients joining us—we are reorganizing the fitness floor at our River Valley Campus YMCA.

Equipment Relocation:

- **When:** Thursday, December 4th, starting at 6:30 AM.
- **Impact:** The facility remains open. Please give our team extra space to work safely while you exercise.

Locker Room Maintenance: We are performing essential repairs to improve the locker rooms. Please note the following closures:

- **Men's Locker Room:** Closed the week of December 8th.
- **Women's Locker Room:** Closed the week of December 15th.

Please use the Family Locker Room during your respective closure week.

Thank you for your patience as we improve the facility for everyone!



BINGO CHRISTMAS PARTY COUNTDOWN! ✨🎄

The countdown to holiday fun has officially started! 🧑🏻‍🎅

⌚ Don't forget to sign up!

Our Bingo Christmas Party is coming up fast, and space is limited!

📅 Monday, December 22

📍 RVC Location | 9:30 AM check-in

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RECAP: 2025 Pre-Feast Workout!



We had so much to be thankful for this Thanksgiving! Thank you to our members who took a little time out of their holiday to spend it with us. And thank you to our amazing fitness instructors for sharing their time and talent to help us celebrate Thanksgiving! We are grateful!



**MORE
PHOTOS ON
OUR
FACEBOOK!**

DECEMBER 2025

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THE GIVING WALL UPDATE!



We are well on our way to tearing this wall down together at the Robert K. Fox Family YMCA! As you can see, many donation tags are already claimed by YOU – our supportive community! Your contributions directly assist the Family YMCA's programs and there is still time to get involved—visit the wall, choose your donation amount, and help us reach our goal!

"Let's come together to tear down this wall!"

CAN'T MAKE IT IN? NO PROBLEM!

Scan this QR code to give today:



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INCLEMENT WEATHER POLICY



ADULT & YOUTH PROGRAMS & CLASSES:

In the event Fairfield County is issued a **Level 2** snow emergency, all adult and youth programs, including Childwatch, will be canceled until the snow emergency has been lifted. In the event a **Level 2** snow emergency is issued during programming, we will ask parents/guardians to pick up children as soon as it is safe to do so. Classes canceled due to inclement weather are not subject to reimbursement and may not be made up if the instructor is not available.

CHILDCARE PROGRAMS:

Our preschool facility located at the Robert K. Fox Family YMCA (not Childwatch) will follow the Lancaster City Schools schedule for snow emergencies. Our Before- and After-school care programs at Bloom-Carroll and Fairfield Union School Districts will follow the snow emergency decisions provided by each school district. If there is an AM delay at either district, the AM program will be closed, but PM will continue as scheduled. If there is an early release, the PM program will be closed.

YMCA FACILITIES:

The YMCA facilities will be open during normal business hours in a **Level 2** snow emergency without programming. We reserve the right to close our facilities on a **Level 2** snow emergency if deemed unsafe for our staff and members. In the event of a **Level 3** snow emergency, all facilities will be closed until the **Level 3** snow emergency has been lifted. Updates will be posted to our Facebook page, as well as our Engage Membership email communication.

6

THANK YOU:



KIRKBRIDE
LAND & SNOW MANAGEMENT



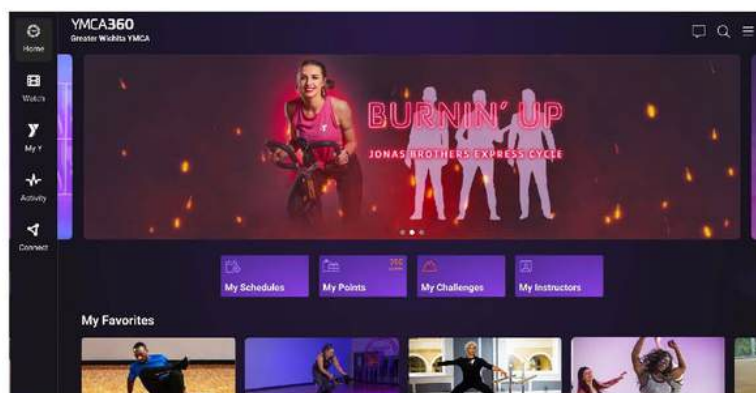
WHAT IS YMCA360?

- Livestream and on-demand classes taught by YMCA instructors from around the U.S.
- 2,800+ pieces of content supporting the mind, body, and spirit.
- Fitness classes, sports instructions, nutrition/cooking classes, children's book readings, and so much more!
- Earn points for staying active.*
- Redeem your points for amazing rewards!*
- Get connected by joining Challenges.*
- Your Y's Schedule at the tip of your fingers.*

DOWNLOAD THE APP TODAY



Apple iOS



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MONTHLY MESSAGE



With the crisp, bright weather and Santa watching, the holiday spirit is truly here! Hot chocolate and candy canes are all around, people are smiling brighter, and acts are a little kinder.

I just want to share how amazing I think our YMCA is. Providing shelter, food, and massive support to our community. Through floods, power outages, and times of financial insecurity, our doors have been, and always will be open.

As 2025 closes, we are filled with gratitude. Please join us to celebrate at our Gift of Time event on Saturday, December 6, from 10 am to 12 pm. It's the perfect opportunity to slow down, make special holiday memories with Santa, and enjoy family activities together.

Thank you for being part of our Y family and helping us strengthen spirit, mind, and body for all. Wishing you a joyful holiday season and a healthy start to the new year!"

- Lydia Fratta

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SPONSOR TREE

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