








MARTENS GYM

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Youth/Family Gym Time is for children (ages 9-12) and/or children and their parents

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:30AM						C L O S E D	C L O S E D				
6:00											
6:15											
6:30											
7:00											
7:30											
7:45											
8:00											
8:15											
8:30											
8:45											
9:00											
9:15											
9:30											
9:45											
10:00											
10:15											
10:30								YOUTH & FAMILY 6AM-4PM	C L O S E D		
11:00	PRESCHOOL	PRESCHOOL	PRESCHOOL	PRESCHOOL	PRESCHOOL						
11:30	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:30-11:30am						
11:45	OPEN GYM										
12:00											
12:15											
12:30											
12:45											
1:00											
1:15											
1:30											
1:45											
2:00											
2:15										YOUTH & FAMILY 6AM-4PM	
2:30											
2:45											
3:00											
3:15											
3:30											
3:45											
4:00											
4:15											
4:30											
4:45	YOUTH & FAMILY 3:30-5:30PM	YOUTH & FAMILY 3:30-5:30PM	YOUTH & FAMILY 3:30-5:30PM	YOUTH & FAMILY 3:30-5:30PM	YOUTH & FAMILY 3:30-5:30PM	C L O S E D					
5:00											
5:15											
5:30											
5:45											
6:00											
6:15											
6:30											
6:45											
7:00											
7:15											
7:30											
8:00											
9:00											

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE Monday - Friday closed @8:45PM

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE Monday - Friday closed @8:45PM