

JUNE 2025

FAMILY YMCA OF LANCASTER
& FAIRFIELD COUNTY



NEWSLETTER



SPRING RECAP!

Wow, what a spring it has been! We've been buzzing with activity and community spirit here at the Family YMCA of Lancaster and Fairfield County, and it was fantastic to see so many of you joining in the fun that made these past few months so memorable. To celebrate just how amazing our Y community has been, this special edition of our newsletter is dedicated to highlighting those wonderful spring moments. We hope you enjoy it!

THANK YOU TO:



BUT FIRST – SOME RECOGNITIONS!

EMPLOYEE OF THE MONTH KELLIE GRIFFIN

JUNE 2025

We want to give a huge shout-out to Kellie Griffin (Boyden) for her incredible commitment to our program this season! Kellie, your dedication has not gone unnoticed. The kids absolutely adore you, and you've been such an invaluable part of our coaching staff. Thank you for everything you do!



KELLIE GRIFFIN



ALLISON MATHIAS

MEMBER OF THE MONTH ALLISON MATHIAS

A huge shout-out to Allison Mathais, our Member of the Month! Allison is a total rockstar in our gymnastics program. Not only is she incredibly dedicated, but she also does an amazing job as President of the Gymnastics Parent Board. Her commitment is a huge boost to our gymnasts and the whole Y family. Allison, we see your hard work and truly appreciate all you do!

**THANK
YOU TO:**



KIRKBRIDE
LAND & SNOW MANAGEMENT



JUNE 2025

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ANNUAL GIVING
5K RUN & WALK '25

RECAP! the **Y**



JUNE 2025

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2025 COMMUNITY AWARDS NIGHT

RECAP! the Y



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SPRING
OPEN
HOUSE

MARCH 26TH 2025

RECAP!



JUNE 2025

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HEALTHY KIDS DAY®

RECAP! the Y



JUNE 2025

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MOTHERS DAY TEA EVENT

WITH AUTHOR & Y MEMBER REBECCA ALSPAUGH

RECAP!



MOTHER'S DAY



GOLF TOURNAMENT

2025

SIGN UP
TODAY!

7



NEW DATE!

Tee Up for a Cause!

Join us for the 3rd Annual YMCA Golf Outing on June 13, 2025, at The View Golf Club!

Grab your team for a Shotgun Scramble, with prizes, raffles, lunch, and more.

\$400 per team

(includes green fees, carts, and drink tickets!)

Date: JUNE 13 | 9 AM | The View Golf Club



**YOUR DUES
OPERATE
OUR FACILITY**



GIVE TODAY!



**YOUR GIFT
WILL CHANGE
LIVES.**

Support our Annual Campaign!



First Step



Assistance in making you comfortable and confident at your YMCA.

Silver Sneaker and Health Care Members, if you are new to the YMCA and not sure where to begin your wellness journey, we can help. We have Silver Sneaker and Senior Specific classes Monday-Friday mornings at both the 6th Avenue and RVC locations. If you would like help navigating what class(es) might be a great fit, please reach out to aweaver@ymcalancaster.org.

We all need to start somewhere.

Take the first step.



JUNE 2025

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JUNE KIDS NIGHT OUT!



Register your kids for our June Kids Night Out event on Friday, June 20th, from 6 - 8:30 pm at the 6th Avenue location for a fun, summer themed night!

For more information, contact Abby:
agatton@ymcalancaster.org



SUMMER DAY CAMP 2025! SPOTS STILL OPEN!

Flexible Scheduling – Join us for a week or the whole summer!

Indoor & Outdoor Fun – No matter the weather, we've got exciting activities planned.

Awesome Field Trips – Explore fun destinations around Lancaster & Central Ohio.

Junior Counselor Program – Build leadership skills & make a difference!

Camp runs June 2 – August 8

Financial assistance available!
Spots fill fast! Register now!



FAMILY YMCA OF LANCASTER & FAIRFIELD COUNTY

LYST SUMMER 2025

STROKE CLINICS

Enhance Your Technique – Improve Your Speed!
Join our 1-hour stroke clinics to refine your skills and become a stronger, more efficient swimmer! Each session focuses on a specific stroke or race skill, with expert coaching to improve your technique, endurance, and confidence in the water.

Clinics Offered:

- ✓ **Freestyle – Perfect your stroke mechanics & breathing**
- ✓ **Backstroke – Improve body position & efficiency**
- ✓ **Breaststroke – Master timing & glide technique**
- ✓ **Butterfly – Develop power & rhythm**
- ✓ **Starts & Turns – Gain speed off the blocks & through transitions**

Don't miss out on this opportunity to take your swimming to the next level!

LIFEGUARDING TRAINING

the Y

» JUNE 20-22
SUMMER

» DECEMBER 12-15
LAST DITCH

» JUNE 20-22
SUMMER X2

Connect with us:
at yecheverria@ymcalancaster.org
or sunderdown@ymcalancaster.org
to learn more.

MONTHLY MESSAGE



Congratulations to all the graduating seniors that work at the YMCA. This is the start of a new journey for you and we wish you the best as you move forward.

June brings the Summer 1 session, starting June 2nd –July 12th. Classes are filling up quickly as school finishes this week in Lancaster. At the RecPlex, a new class is starting. Cheernastics is divided by skill level, focusing on the elements of tumbling. It can prepare participants for cheer and gymnastics and is extremely popular.

Mark your calendar for the 2025 Flipping 5k. Registration opens July 1st. The route will be the Hocking River course. As always, run, walk, dance or flip to the finish line! The 5k is a wonderful way to honor Martha Miller and her contribution to gymnastics. With the summer comes our camps and junior counselling training. Registration for summer camp are open. 1st -5th grade will enjoy the day camp with outdoor exploration, sports, crafts, STEM activities and of course, swimming. 5th-8th graders have the opportunity to train as a junior counselor. Participants will learn the elements of camp counseling with CPR and first aid training also. This is an invaluable skill to have.

There is still time to register for classes in the Summer 1 session. Join some classes and get that positive and healthy summer vibe!
- Lydia

**Newsletter brought to
you by our friends:**

