











LAP POOL SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30AM	Dedicated LAP SWIM					OPENS @ 7AM	C L O S E D		
6:00									
6:15									
6:30									
7:00									
7:30									
7:45									
8:00									
8:15									
8:30									
8:45									
9:00	CLOSED FROM 9:00 - 10:00 AM					LAP SWIM			
9:30									
10:00	 AQUA FIT 10-11AM 5 Lanes OPEN	 AQUA FIT 10-11AM 5 Lanes OPEN	 AQUA FIT 10-11AM 5 Lanes OPEN						
10:15									
10:30									
10:45									
11:00									
11:15	LAP SWIM 10AM-1PM							CLOSES @ 1PM	
11:30									
11:45									
12:00									
12:15									
12:30									
12:45									
1:00									
1:15									
1:30						CLOSED FROM 1:00-3:00 PM			
1:45									
2:00									
2:15									
2:30									
2:45									
3:00									
3:15									
3:30									
3:45									
4:00	LAP SWIM 3:15-5PM								
4:15									
4:30									
4:45									
5:00									
5:15									
5:30									
5:45									
6:00									
6:15									
6:30	 LYST SWIM TEAM Practice 5-7:45PM	 LYST SWIM TEAM Practice 5-7:45PM	 LYST SWIM TEAM Practice 5-7:45PM	 LYST SWIM TEAM Practice 5-7:45PM	 LYST SWIM TEAM 5-6:30PM				
6:45									
7:00									
7:30									
7:45									
8:00	FROM 7-7:45PM THERE WILL BE 4 LANES OPEN						 		

STAY UPDATED WITH POOL SCHEDULES BY DOWNLOADING THE BAND APP

MONDAY - FRIDAY CLOSED @8PM | SATURDAY CLOSED @1PM | SUNDAY @3PM