



FAMILY YMCA OF LANCASTER
& FAIRFIELD COUNTY

2025



FEBRUARY NEWSLETTER

This month we're celebrating a very hard-working staff member, announcing our new merch shop, kicking off the FebYOUary challenge, announcing our 2025 Golf Tournament.. And more!

EMPLOYEE OF THE MONTH



ABBY GATTON

Abby has truly gone above and beyond, making her an invaluable part of the YMCA team. Her dedication, work ethic, and passion for helping others shine in everything she does. Whether she's assisting members, supporting her colleagues, or bringing a positive attitude to every task, Abby consistently sets the standard for excellence. Her commitment to the YMCA's mission and her ability to create a welcoming and supportive environment make her an incredible asset.

We are so grateful for her hard work and are proud to recognize her as employee of the month!

INTRODUCING...

Only \$10!



CHALLENGES

CHALLENGE WATER BOTTLE INCLUDED!

At the YMCA of Lancaster & Fairfield County, February is all about YOU and staying on track with your wellness journey! Join us for a month of fun activities and challenges designed to help you try new things, build confidence, and connect with others while reaching your goals!

How to Play:

1. Register at the Member Service Desk to kick off your challenge.
2. Get your challenge water bottle.
3. Complete daily activities from the FebYOUary calendar—fitness fun, interactive events, and surprises await! Make sure to check our Facebook daily throughout the month of February for daily challenges!

SIGN UP TODAY!

MEMBER SPOTLIGHT



Charlotte Siefert

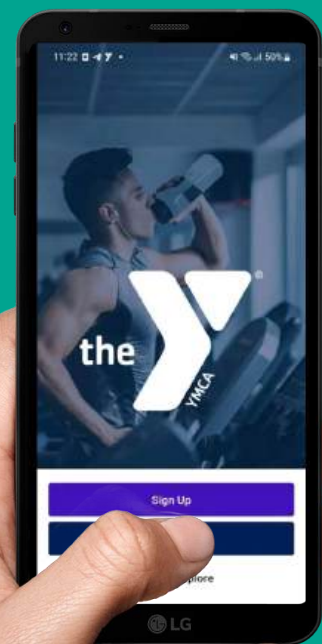
Charlotte is a bright and caring preschooler who lights up any room she enters. Known for her kindness and compassion, she is always the first to lend a helping hand to her friends and teachers. Whether it's sharing toys, offering a comforting hug, or helping clean up, Charlotte consistently shows her thoughtfulness in her classroom.

We're so happy to have Charlotte in our pre-school program!

YMCA LANCASTER APP

WITH OUR APP, YOU CAN:

- SCAN IN AT FRONT DESK
- REGISTER FOR PROGRAMS
- TRACK YOUR WORKOUTS
- JOIN CHALLENGES & WIN REWARDS!
- SHARE YOUR PROGRESS



Download on the
App Store



GET IT ON
Google Play

Did you know?

In 2024, the Family YMCA of Lancaster & Fairfield County provided **\$255,859** in services and financial assistance?

We couldn't have done it without the generous support of our members and friends. Thank you!

PERKS OF GIVING!

Speaking of giving, we are now very excited to be able to offer perks when it comes to recurring donors:

FREE YMCA MERCH!

- Current Members who activate a monthly recurring donation will receive a free YMCA t-shirt!
- Non-members will receive a free YMCA t-shirt and 5 guest passes each year to come experience our local YMCA and the experience that you help build.

FREE FRIEND SATURDAY!

Monthly recurring member donors are exclusively able to bring a friend to the Y every Saturday for FREE while their recurring donation is active!



FAMILY YMCA OF LANCASTER
& FAIRFIELD COUNTY'S

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

3RD ANNUAL



GOLF

TOURNAMENT

2025



SCAN ME!

MAY 30, 2025

THE VIEW GOLF CLUB

1151 George Rd NE, Lancaster, OH 43130

STARTS AT 9AM | REGISTRATION AT 8:30AM

REGISTER TODAY: 740-654-0616

YMCALANCASTER.ORG

Bingo @ RVC!

DID SOMEONE SAY BINGO!

We are excited to bring this Member Service Event to YOU!

Wednesday, February 19th

9:30 Check in and Registration

10:00-12:00 Let the games begin

Located at the River Valley Campus YMCA

- FREE to Members
- Members may bring a Guest
- All participants must register

Prizes, Prizes Prizes Snacks and water provided!

NEW MERCH STORE!

Looking for some new Y gear and/or Y branded clothing? We now have our own Family YMCA of Lancaster & Fairfield County Merch Store! Visit YMCALANCASTER.ORG and click "YMCA Merchandise" under the membership tab. Or scan this QR Code:



THANK YOU!



KIRKBRIDE
LAND & SNOW MANAGEMENT



Park
NATIONAL BANK

A continued BIG thank you to our sponsors.

From Kathy Wurzel:



Winter Greys

Here we are again, winter. Some call it Winter Blues, I prefer to call it Winter Greys. This time of the year Ohio is mainly grey. The sun goes on vacation and our snow is not a pretty white, but a dirty grey.

But, with Winter comes its opportunities. The best thing I have found is to keep a schedule between work, grandkids activities and of course exercise.

With the weather, you may have to adjust your exercise. I really prefer to take a long walk or run outside, unfortunately that is not always possible.

That is why I really appreciate our YMCA.

You may have to adjust your exercise, but now is a great time to try something different. Between our locations, you can use the walking tracks, equipment, and of course our two pools. We even have Pickleball, tennis and a whole other array of programs.

The main thing is not to dwell on what you can't do, but what you can do.

Just Keep on Moving!

SEE YOU NEXT MONTH!

