



2024

FAMILY YMCA OF LANCASTER  
& FAIRFIELD COUNTY

# NOVEMBER NEWSLETTER

This month we're celebrating a member of our Member Service team, putting a spotlight on a special Y member, sharing our winter pool schedules... and more!

## EMPLOYEE OF THE MONTH



### BETSY HAWKINS

This month, we'd like to recognize Betsy Hawkins as being our November 2024 Employee of the Month! With her bright personality and genuine care for everyone who steps through our doors, Betsie goes above and beyond to make each member feel welcome and valued. Her dedication and warmth truly embody the Y's mission of building a healthy spirit, mind, and body for all.

Thank you, Betsy, for being a shining light in our Y community – we're lucky to have you on our team!



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BLACK FRIDAY HOURS

RIVER VALLEY CAMPUS  
&  
ROBERT K. FOX YMCA  
5AM—6PM

## YOUTH TENNIS

It's not too late to sign your budding tennis pro up for one of our Youth Tennis Clinics! We offer classes Mon-Thurs & Saturdays each week throughout the fall and winter!

For More Information, Contact:  
Taylor Beeler  
[tbeeler@ymcalancaster.org](mailto:tbeeler@ymcalancaster.org)

# PRE-FEAST WORKOUT!

Back by popular demand!

## THANKSGIVING PRE-FEAST WORKOUT!



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Thanksgiving morning Pre-Feast Workout featuring some of our most amazing instructors gathering to create an early morning workout to prepare you for that turkey, dressing and pumpkin pie! What a great way to kick off the holiday!

Pre-Registration is required and can be completed online or in person at any of our facilities for \$5 per person. We will not have sign up the day of.

Please contact Angie with any questions:  
[aduckworth@ymcalancaster.org](mailto:aduckworth@ymcalancaster.org) or 740-6870-2939.

\*Note: While our facilities will be closed for Thanksgiving Day, our 6th Avenue location will be open from 7:30am to 9:30am specifically for this class to use the wellness floor.

Locker rooms, pools and other areas of the facility will not be available.

# CLEANING CORNER



## Why Winter cleaning is important to the YMCA:

1. Prevents the spread of illnesses: Winter is a prime time for colds, Flu, and other respiratory infections.
2. Deep cleaning helps reduce germs and bacteria.
3. Supports member health and Wellness: Clean facilities promote a healthy environment for members to exercise and engage in activities.

## Winter cleaning tasks include:

- Deep clean high touch areas
- Door handles
- Handrails Equipment
- Showers locker room areas
- Also clean and inspect VAC systems

Have a safe and healthy winter!

- **Tracie Sharp, Custodial & Safety Director**

## SAVE THE DATE!



Join us December 6th at the Robert K. Fox YMCA for a holiday themed pool and craft party for the kiddos! Called the Holiday Splash Bash, we're excited to give parents a well deserved night out while their kids enjoy the Y! While your kids are here, parents can enjoy some to catch up on some Christmas shopping, a nice dinner—or play in our RecPlex Dodgeball Tournament!

# THANK YOU!



**KIRKBRIDE**  
LAND & SNOW MANAGEMENT

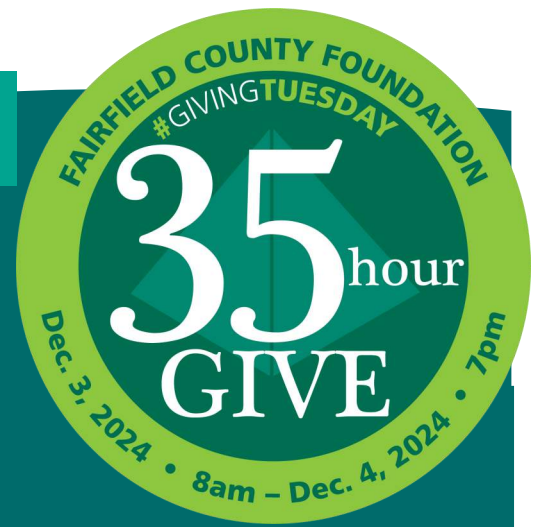


A continued **BIG** thank you to our sponsors.

## 2025 MEMBERSHIP UPDATES

MEMBERSHIP TYPE	JOIN FEE	MONTHLY RATE
YOUTH (0-12)	\$0	\$17.00
TEEN (13-18)	\$0	\$33.00
YOUNG ADULT (19-26)	\$50	\$34.00
ADULT (27-64)	\$50	\$51.00
TWO ADULTS   No Dependents	\$50	\$68.00
SINGLE PARENT	\$50	\$59.00
FAMILY   2 Adults + Kids	\$50	\$79.00
SENIOR ADULT (65+)	\$50	\$44.00
TWO SENIORS   One adult 65+	\$50	\$58.00
HOUSEHOLD   4 Adults + Kids	\$50	\$91.00

# GIVING TUESDAY!



Have you heard of Giving Tuesday? It's like Black Friday or Cyber Monday, only better! Giving Tuesday is a nationwide movement to raise awareness of community philanthropy and encourage spending with a purpose. In Fairfield County, we have celebrated Giving Tuesday for the last 11 years with "Get Your Give On" events through the Fairfield County Foundation. If charitable giving is part of your year-end tradition, please consider supporting the Family YMCA during this year's 35-Hour Give starting at 8 a.m. on Dec. 3. Thanks to a donation from the Lloyd F. and Diann L. Helber Fund in celebration of the Foundation's 35th anniversary, it is providing an additional \$35,000 in matching funds this year, for a total match of \$70,000!! That doubles the amount of matching dollars we have the potential to earn this year – we hope we can count on you to participate and support The Family YMCA of Lancaster & Fairfield County! Visit [www.fairfieldcountyfoundation.org](http://www.fairfieldcountyfoundation.org) to learn more and donate online! – Fairfield County Foundation

## DID YOU KNOW..



We will be **CLOSED** on  
Thanksgiving day!  
( ALL LOCATIONS )

# COED DODGEBALL!

**\*UPDATE TO OUR FIRST ANNUAL COED DODGEBALL TOURNAMENT!**

**WHEN: DECEMBER 6th & 7th**

**Price: \$60/Team (4 Player Teams, up to 2 Subs)**



## MEMBER SPOTLIGHT!

### BELLA BAILEY



Bella joined the Y a few months ago, and from the moment she first stepped into the pool, she's been a true ray of sunshine. Bella makes a special effort to welcome every member who comes by, and her warm, friendly spirit quickly turns strangers into friends. It's no wonder our

lifeguards love having her around—her positive energy brightens the whole place.

Whether she's striking up conversations or sharing a laugh, Bella brings joy to everyone she meets. We're grateful for the kindness she shows, the smiles she spreads, and the way she looks out for our lifeguards. Thank you, Bella, for making the Y a friendlier, happier place!



# MONTHLY MARY!



First, please let me remind you to turn your clocks back one hour on November 3rd. Then, if you haven't voted, November 5th is the final day! Hi everyone, November is upon us, and this starts the holiday season! Now, after all the Halloween candy you ate, the Wellness Center and pools will be available for all of you. Come in and enjoy the YMCA and the River Valley campus. Just to let everyone know we are hosting the swim team invitational on November 2 and November 3. However,

they should finish up by opening on Sunday the 3rd. Excited for the kids, they work hard at practice, so let's show our support! I would like to share this with anyone interested in renting the fox pool for a birthday party, if so our aquatics director will be happy to help. Even though our drought, the trees and foliage are beautiful with colors, I'm thankful everyday for what is sent our way our way. Thanksgiving shopping has begun to prepare for family get-togethers Family, food, and fun during this time! The Thanksgiving schedule closed on Thanksgiving day. Regular hours for other days. From all of our staff here at the YMCA, RVC, and the RecPlex, Have a blessed Thanksgiving. Safe journey if traveling.



## SEE YOU NEXT MONTH!







# WENDEL POOL | WINTER SCHEDULE\*

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LAP SWIM SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30AM							<b>C L O S E D</b>	
6:00								
6:15								
6:30								
7:00								
7:30								
7:45								
8:00								
8:15								
8:30								
8:45								
9:00	CLOSED FROM 9:00 - 10:00 AM							
9:30	CLOSED FROM 9:00 - 10:00 AM							
10:00								
10:15	AQUA FIT 10-11AM		AQUA FIT 10-11AM		AQUA FIT 10-11AM	<b>LAP SWIM 7AM-1PM</b>		
10:30	5 Lanes OPEN		5 Lanes OPEN		5 Lanes OPEN			
10:45								
11:00								
11:15	<b>LAP SWIM</b>							
11:30	<b>10AM-1PM</b>							
11:45								
12:00								
12:15								
12:30								
12:45								
1:00	<b>CLOSED FROM 1-3:30PM</b>							
1:15								
1:30								
1:45								
2:00								
2:15								
2:30								
2:45								
3:00								
3:15								
3:30						<b>C L O S E D</b>	<b>LAP SWIM 1-3PM</b>	
3:45								
4:00	LANCASTER HIGH SCHOOL 3:30-5PM	LANCASTER HIGH SCHOOL 3:30-5PM	LANCASTER HIGH SCHOOL 3:30-5PM	LANCASTER HIGH SCHOOL 3:30-5PM	LHS 3:30-5PM			
4:15								
4:30					LIBERTY UNION 4-5PM			
4:45	2 LANES OPEN 3:30-5PM FOR MEMBERS							
5:00								
5:15								
5:30								
5:45								
6:00	SWIM TEAM PRACTICE	SWIM TEAM Practice	SWIM TEAM Practice	SWIM TEAM Practice	SWIM TEAM 5-6:30			
6:15								
6:30								
6:45	5-7:45	5-7:45	5-7:45	5-7:45				
7:00					<b>LAP SWIM 6:30-8PM</b>			
7:15	BLOOM CARROLL 7-8PM	FAIRFIELD UNION 7-8:45PM	BLOOM CARROLL 7-8PM	BLOOM CARROLL 7-8PM				
7:30								
7:45								
8:00								
8:15	FUHS 7:45-8:45	LUHS 7:45-8:45PM	LUHS 7:45-8:45PM	FUHS 7:45-8:45				
8:30								
8:45	2 LANES OPEN 7-8:45PM							
9:00	CLOSE MONDAY - THURSDAY @8:45PM / FRIDAY @8PM / SATURDAY @1PM / SUNDAY CLOSE @3PM							



# FOX POOL

FOR YOUTH DEVELOPMENT<sup>SM</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# P O O L S C H E D U L E

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	OPEN @7AM		OPEN @7AM		OPEN @7AM		
7:15							
7:30	WATER WALKING		WATER WALKING		WATER WALKING		
7:45	WALKING		WALKING		WALKING		
8:00	7-9AM		7-9AM		7-9AM		
8:15							
8:30							
8:45							
9:00	MORNING SPLASH		MORNING SPLASH		MORNING SPLASH		
9:15							
9:30	9-10AM		9-10AM		9-10AM	SWIM LESSONS	
9:45							
10:00							
10:45	WATER WALKING & OPEN SWIM		WATER WALKING		WATER WALKING & OPEN SWIM	9AM-12PM	
11:00	10AM-12PM		10AM-12PM		10AM-12PM		
11:15							
11:30							
11:45							
12:00							
12:15	AQUA MOVES		AQUA MOVES		AQUA MOVES	OPEN SWIM	
12:30	12-1PM		12-1PM		12-1PM	12-2PM	
12:45							
1:00							
1:15							
1:30							OPEN SWIM
1:45							1-3PM
2:00							
2:15							
2:30							
2:45							
3:00							
3:15							
3:30							
3:45	LANCASTER SPECIAL						
4:00	OLYMPICS	BLOOM CARROLL	4-5PM LANCASTER MS	4-5PM LANCASTER MD	BLOOM CARROLL		
4:15	3:45-4:30PM	3:30-5PM			3:30-5PM		
4:30							
4:45							
5:00					FAIRFIELD COUNTY SPECIAL		
5:15	LYST PRACTICE	LYST PRACTICE	LYST PRACTICE	LYST PRACTICE	OLYMPICS		
5:30					5-6PM		
5:45							
6:00							
6:15							
6:30		SWIM LESSONS	OPEN SWIM	SWIM LESSONS	OPEN SWIM		
6:45		6:15-8PM	6-8PM	6:15-8PM	6-8PM		
7:00							
7:15							
7:30							
7:45							
8:00							
8:30							

TUES-FRIDAY Close @ 8PM | SATURDAY Close @ 2PM | SUN @ 3PM





SAVE THE DATE!

# Holiday Splash Bash

FRI | 6 | 5-8PM  
DEC

Location: Robert K. Fox Family YMCA

Get ready for festive fun, games, and holiday treats! We'll have pool time, arts and crafts, and end the night with a dance party! Parents, take this time to get some Christmas shopping done, enjoy a date, or just relax during the holiday hustle. More details to come—can't wait to celebrate with you!





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THANK  
YOU...**

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\*varies by state



Fairfield County  
Health  
Department

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