



# MARTENS GYM

\*Youth/Family Gym Time is for children (ages 9-12) and/or children and their parents\*

## GYM SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30AM					
6:00					
6:15					
6:30					
7:00					
7:30					
7:45					
8:00					
8:15					
8:30					
8:45					
9:00					
9:15					
9:30					
9:45					
10:00					
10:15					
10:30	PRESCHOOL	PRESCHOOL	PRESCHOOL	PRESCHOOL	PRESCHOOL
11:00					
11:30					
11:45					
12:00					
12:15					
12:30					
12:45					
1:00					
1:15					
1:30					
1:45					
2:00					
2:15					
2:30					
2:45					
3:00	PRESCHOOL	PRESCHOOL	PRESCHOOL	PRESCHOOL	PRESCHOOL
3:15	GYM TIME	GYM TIME	GYM TIME	GYM TIME	GYM TIME
3:30	YOUTH	YOUTH		YOUTH	

OPEN

OPEN GYM

3:45	YOUTH & FAMILY	YOUTH & FAMILY	YOUTH & FAMILY	YOUTH & FAMILY	YOUTH & FAMILY
4:00					
4:15					
4:30		GYM	YOUTH & FAMILY	GYM	3:30-5:15
4:45					
5:00	Art Gym & Swim				
5:15					
5:30	5pm - 5:30pm				
5:45	Biddy BBALL 7-10yo	YMCA FIT 5:45-6:30		YMCA FIT 5:45-6:30	OPEN
6:00					
6:15					
6:30					GYM
6:45				SOCIL SPORTS 6:45pm-8	
7:00	KARATE 7-8	YOUTH & FAMILY	KARATE 7-8		
7:15					
7:30					
7:45					
8:00					
9:00	**SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE**				

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Saturday	Sunday
<p data-bbox="133 945 292 1092">YOUTH &amp; FAMILY</p> <p data-bbox="154 1123 267 1228">GYM TIME</p> <p data-bbox="133 1291 292 1333">6AM - 4PM</p>	<p data-bbox="381 535 462 1249">C L O S E D</p>
	<p data-bbox="316 1522 470 1659">YOUTH &amp; FAMILY</p> <p data-bbox="332 1690 454 1795">GYM TIME</p> <p data-bbox="316 1858 470 1890">1PM - 5PM</p>

