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FOX POOL

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:00 7:15 7:30	OPENS @ 7AM		OPENS @ 7AM		OPENS @ 7AM		C
	7:30 7:45	WATER WALKING		WATER WALKING		WATER WALKING		
P	8:00 8:15	7-9AM		7-9AM		7-9AM		L
0	8:30 8:45		U	, ,, ,, ,, ,,	C	, ,,,,,,,,		0
	9:00 9:15	MORNING		MORNING		MORNING		
0	9:30 9:45	SPLASH 9-10AM	L	SPLASH 9-10AM	L	SPLASH 9-10AM	SWIM	S
L	10:00 10:45	OPEN SWIM/	0	WATER	0	OPEN	LESSONS	
	11:00 11:15	WATER WALKING		WALKING 10AM-12PM		SWIM/ WATER	9AM-12PM	E
	11:30 11:45	10AM-12PM	S	TOAIVI-12FIVI	S	WALKING 10AM-12PM		D
S	12:00 12:15	AQUA		AQUA MOVES		AQUA MOVES		
J	12:30 12:45	MOVES 12 - 1PM	E	12 - 1PM	E	12 - 1PM	OPEN SWIM	
C	1:00 1:15		D		D		12-2PM	
Н	1:30 1:45							OPEN SWIM
	2:00 2:15							1-3PM
E	2:30 2:45							
D	3:00 3:30							
u	4:00 4:30							=
	4:45 5:00	,				, , , , , , , , , , , , , , , , , , ,		
L	5:15 5:30	the LYST	the LYST	the J	the LYST	the Jy LYST		
Ε	5:45 6:00	PRACTICE	PRACTICE	PRACTICE	PRACTICE	PRACTICE		
	6:15 6:30			OPEN		OPEN	5	
	6:45 7:00		SWIM LESSONS	SWIM	SWIM LESSONS	SWIM		Ξ
	7:15 7:30		6:15-8PM	6-8PM	6:15-8PM	6-8PM		
	8:00			ED DV DOWALLOA				

STAY UPDATED BY DOWNLOADING THE BAND APP.