



- AWARDS GIVEN BY AGE DIVISION WITH SPECIAL AWARD FOR OVERALL FEMALE & MALE 1ST PLACE FINISHERS
- Door Prizes
- FREE Kids fun run in the parking lot to begin at approximately 10:15am and will kick off Healthy Kids Day

YMCA members under 18.....\$15

YMCA members 18+\$20

Non-Members under 18.....\$20

Non-Members 18+.....\$25

- All fees go up \$5 after May 3, 2024
- Registration up to May 3rd guarantees early-bird pricing and race shirt
- Race day registration and packet pick up will be held at the YMCA beginning at 8:00am to 8:45am
- Please contact Bob Ross with any questions at 740-504-1701 or email: bobx456@hotmail.com

REGISTRATION FORM

NAME: _____ DOB: _____

Age (as of 5/11/2024): _____ M / F (Circle One)

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____

PHONE #: _____ EMAIL: _____

ADULT UNISEX T-SHIRT SIZE: S M L XL XXL (CIRCLE ONE)

RELEASE OF LIABILITY: In consideration of being accepted to run in the YMCA 5K, I assume all risk associated with running or walking in this race. Having read this release, I waive and release the YMCA, all sponsors, persons, and groups associated with this event from all claims to liabilities of any kind arising from my participation. I grant permission to all foregoing to use any photographs, motion pictures, recordings, or any other records of this event for legitimate purpose.

PARTICIPANT SIGNATURE: _____ DATE: _____