



MARTENS GYM

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Youth/Family Gym Time is for children (ages 9-12) and/or children and their parents

GYM SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YOUTH & FAMILY GYM TIME 6AM - 4PM	CLOSED
6:00							
6:15							
6:30							
7:00							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YOUTH & FAMILY GYM TIME 6AM - 4PM	YOUTH & FAMILY GYM TIME
9:00							
9:15							
9:30							
9:45							
10:00							
10:15							
10:30							
11:00							
11:30							
11:45	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YOUTH & FAMILY GYM TIME 6AM - 4PM	YOUTH & FAMILY GYM TIME
12:00							
12:15							
12:30							
12:45							
1:00							
1:15							
1:30							
1:45							
2:00							
2:15	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YOUTH & FAMILY GYM TIME 6AM - 4PM	YOUTH & FAMILY GYM TIME
2:30							
2:45							
3:00							
3:15							
3:30							
3:45							
4:00							
4:15							
4:30							
4:45	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YOUTH & FAMILY GYM TIME 6AM - 4PM	YOUTH & FAMILY GYM TIME
5:00							
5:15							
5:30							
5:45							
6:00							
6:15							
6:30							
6:45							
7:00							
7:15	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YOUTH & FAMILY GYM TIME 6AM - 4PM	YOUTH & FAMILY GYM TIME
7:30							
7:45							
8:00							
9:00							

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE